

From The Desk of Your Coach



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No Plan Is Too Small!

We talk about making small plans achieve daily. But what do I do if my plans do not help me achieve my goals? It is a very good question. If your plans do not help you achieve your goals, you must check your plans, and adjust them. Remember no plan is too small!

Why make small plans? It is because when you complete small plans, it builds you up accomplish big plans and eventually succeed your goals. So, it is very important to **Know** your goals, **Plan** to achieve your goals, **Do** what you planned for and **Check** how you did.

Let's check last week's plans. What have you accomplished? Put a check mark on plans you achieved.

Let's keep up the good work. Yes, you can do this!

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